



Winter Ball

Event Programme

27 January 2024 | Radisson Blu, Glasgow

#Getyoursparkleon

THALES

BAE SYSTEMS

CARDHU
GIFTS & INTERIORS



University of
Strathclyde
Glasgow

Thank you all for joining us on this special occasion of the Beautiful Inside and Out inaugural Annual Ball. Some of you here tonight will be friends of the charity and know our story, whilst others may be new to us, so I wish to either remind, or indeed introduce, you to the background, aims and services of Beautiful Inside and Out and why we have come here together this evening.

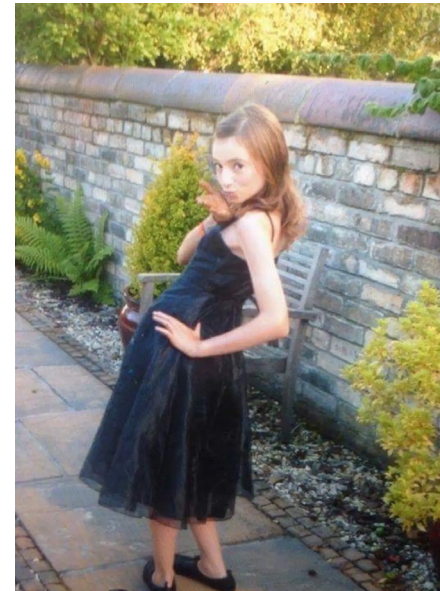


Ten years ago, our lives fell apart when my beautiful, compassionate, altruistic, hilarious and intelligent daughter Jenna, with everything to live for, ended her own precious life, aged just 13 years old. I experienced first-hand the enormity of the challenge and importance of

destigmatising poor mental health. Jenna was not just another suicide statistic. She was my whole world, along with her sister. I seek continually to raise awareness and promote positive attitudes towards the emotional well-being of all those around us.

Following Jenna's tragic loss by suicide, the support I sought for my family, during the immediate period of utter devastation, proved impossible to find. This lack of appropriate support for us and specifically for my younger daughter, then aged five years old, drove me to feeling compelled to ensure that other bereaved families of loved ones are supported. I needed to ensure that troubled people, struggling for any reason, are supported.

Our charity, Beautiful Inside and Out, was founded in 2014 with the aim of improving and saving lives. We provide essential support for families when they need it most - through counselling, play therapy, music therapy, drama therapy and art therapy - supporting bereaved parents, siblings and children of loved ones lost by suicide, as well as others who may be struggling with loss or any other issue. We also strive to help the ongoing efforts to make mental health support more accessible for all, with British Sign Language counsellors and interpreters available to support the deaf community.



2023 marked the tenth year since the loss of Jenna and sadly, demand for the services we provide has continued to increase year on year. It is important to us that there is no barrier to anyone receiving our support. Therefore, all of our services are funded by Beautiful Inside and Out. With all the knowledge and expertise we have accumulated throughout this time, we very much wish to widen our support network and be able to reach even more families in need.

To do this we require to increase the awareness of our charity and the essential funding we need in order to deliver this life-saving support. It is with this in mind that I would like to thank you for supporting us, by coming

along and helping to raise funding that will provide many much-needed counselling and support sessions for families, friends, neighbours, students, employees and communities who reach out for our help.

A special thank you to our sponsors who have helped us turn the idea of a fundraising ball into a reality – your support is very much appreciated. A heartfelt thank you also to Edward Reid for hosting and entertaining us in his own fantastic style, as well as to the remarkable Kilted DJ.

Please relax and enjoy this evening's activities and entertainment, knowing you will be helping us to improve and save lives.



Pauline Moriarty
Founder, Beautiful Inside and Out



Order of Events

Here's what you can expect this evening...



Welcome

Edward Reid

Charity Intro & Video

Pauline Moriarty – Founder

Game

Heads or Tails

Dinner

(Sparkle Raffle draw during dessert)

Music

Edward Reid with Emily Sophia

Diamond Grand Prize Draw

Video Message

The Three Dads

Testimonial Speech

Caitlin Turner and Sue Gilmour

Auction

Edward Reid

Vote of Thanks

Lorna Howie, Trustee

Music & Dancing

Kilted DJ

Carriages

Menu



Starter

Roast tomato and red pepper soup, basil creme fraiche

Main

Chicken breast stuffed with black haggis, clapshot
and seasonal greens, peppercorn cream

Vegetarian option

Baked vegetable wellington

Dessert

Sticky toffee pudding, toffee sauce and vanilla bean ice cream

Tea and coffee

Sparkle Raffle - £20

- Overnight stay at Ayrshire Airstream in Galston, with fizz and treats
- £200 voucher for The Ship gastropub in Irvine
- £100 Miller & Carter voucher from Caroline Allan
- Four-ball at Southernness Golf Club, Dumfries
- Bottle of whisky from Clark Communications
- Signed football from the Rangers Charity Foundation (Glasgow Rangers)
- Signed Glasgow Celtic football top – donated by Succession Wealth
- Basket with candles and melts from Scents by Sandra, bottle of prosecco
- Arran handcare box gift set and scarf from The Dressing Room in Saltcoats
- Prints and calendar from Glasgow-based artist/designer Gabriella Marcella
- 2ArtiStan Print x1
- 2ArtiStan Print x1
- 2ArtiStan Print x1
- £65 hair voucher from Bridal Stylist Scotland (professional freelance hair stylist)
- £40 voucher for Buck's Bar in Glasgow
- Voucher for Healing Fabulous for any healing/hypnotherapy session of your choice
- Bottle of whisky
- Handmade earrings by Sophie Connell
- Bottle Bruichladdich Whisky
- Grouse Whisky
- Bottle Vodka

Diamond Grand Prize Draw - £40

- 9ct white gold diamond pendant from Beaverbrooks
- Framed piece of bespoke art from botanical illustrator, Marcella Wylie
- Rental of a Lexus car for a weekend
- Overnight stay (bed and breakfast) for two adults at Auchrannie Resort, Isle of Arran, plus four-ball at Shiskine Golf Club, Isle of Arran
- Four-ball plus 20% off accommodation at Machrihanish Dunes in Kintyre
- Overnight stay at Ayrshire Airstream in Galston, with fizz and treats

Angel Auction

- One-week stay at villa in Óbidos, Portugal inc. two flights – sleeps six (guide price starting £2,800) *Donated by Peter Mann, in tribute to Blair Mann*
- A lovely old mid-1990's Connoisseurs Choice bottling of Port Ellen, from the not-often-seen 1980 vintage. (guide price starting £900). *Donated by Angus MacLeod*
- Two-night stay at Port Charlotte Hotel on Islay; Private bottling Port Charlotte Hotel Bruichladdich 11-year-old bourbon cask whisky; a whisky tour at Bruichladdich Distillery for two; Islay Sea Adventures trip for two (guide price starting £1,000) *Donated by Port Charlotte Hotel, Gordon Mitchell, Bruichladdich Distillery and Islay Sea Adventure*
- VIP lounge access and hospitality for two at Ibrox (not including Old Firm matches) (guide price starting £500) *Donated by Angus MacLeod*
- Round of golf for one person at the exclusive Loch Lomond private golf course, with Celtic players Joe Hart and Greg Taylor (guide price starting £500) *Donated by Sue Gilmour*
- Train with and play in a charity football match with Celtic team at Celtic park at the end of the season (guide price starting £300) *Donated by Sue Gilmour*

Your Host for the Evening

Edward Reid



Known across the country as the Nursery Rhyme guy after his performance on Britain's Got Talent, Edward went onto win Radio Forth's best Forth Fringe Show and was awarded Entertainer of the Year with Big Hearted Scotland.

Edward has worked in theatre, television and radio and is a popular host at corporate events, including ladies' lunches, award ceremonies and charity balls.



Let's raise money for Beautiful Inside and Out tonight

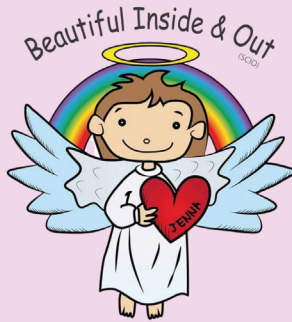
Sparkle raffle - you will find white envelopes on your table, to enter place £20 in an envelope and add your details on the front of the envelope.

Diamond grand prize draw - you will find pink envelopes on your table, to enter place £40 in an envelope and add your details on the front of the envelope.

If you wish to enter either the Sparkle raffle or the Diamond draw, and do not have cash, please alert one of the event team (wearing pink sashes) and they will help you pay via card machine.

Edward will guide everyone through the Angel Auction.





Thank you

A massive thank you to the Kilted DJ for his support this evening, our sponsors, all our contributors, speakers and helpers and of course the wonderful Edward Reid. Without everyone's help, this inaugural ball would not be possible.



We would be delighted if you could keep following
Beautiful Inside and Out:

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If you or a loved one requires to use our services, you can
contact us directly via messenger:

 [beautifulinsideandoutscio](#)